

Embodied Presence AND Social Presencing Theatre

EXPLORE THE CREATIVE POTENTIAL OF THEORY U AND PRESENSING

WITH Arawana Hayashi

Monday May 10th 2010 – 9:30am – 5:00pm
Ancram Opera House, Hudson River Valley, New York
\$90.00 - enrollment limited

THE MOST VALUABLE resources we have today as change agents and leaders are our mind and body. Obvious perhaps, but not all of us take the time each day to look at our minds and listen to our bodies. The speed and pressures of our daily work and family life can rob us of a fundamental sense of well-being and presence. As our work and the world situation demand more of our attention and energy, many of us feel the need to deepen into our own sense of fundamental health and sanity. This could be called “connecting to Source” or Presencing.



THIS INTRODUCTORY WORKSHOP explores how to communicate the essence of collective awareness and action with a new synthesis between theater, embodied presence, dialogue, stillness and presencing. Social Presencing Theater is one arm of the Presencing Institute, supporting the work of Otto Scharmer and colleagues. It is an emerging art form.

Participants will learn the basics of Theory U, creative embodiment practices and Social Presencing Theatre and find inspiration for new innovations in personal or professional projects.



ARAWANA HAYASHI is a dedicated practitioner of many art forms, a co-founder of the Presencing Institute and a leader in bringing Social Presencing Theatre to many people and places around the world.
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To register, please contact Allie Middleton alliemiddleton@mac.com